

Woodland Pacific + The Hand You Were Dealt Game™

Guided conversations and tools that help achieve greater understanding of learning & cognitive variability.



What is The Hand You Were Dealt Game™ (THYWD™)?

THYWD: Exploring Diverse Minds™ is a facilitated conversation tool by Cynthia Z. Hansen, Ed.D., BCET. Its Attribute Cards™ use non-pejorative, non-diagnostic language to help people name strengths, patterns, and needs without pathologizing differences.

Who we are—complementary roles

- **Cynthia Z. Hansen** (Developer & Researcher): Designed THYWD™ and validated its use with children to build self-understanding and social-emotional learning consistent with [NAGC Programming Standards](#) 1.1 (Self-Understanding).
- **Jared James May** and Woodland Pacific (Facilitators & Implementers): Use THYWD™ in professional learning for educators and practitioners and in guided conversations with neurodivergent (ND) adults and families

Together, we share the tool across schools, clinics, and community spaces so teams have a shared, strengths-forward language.

Where it helps

- **Educator PD & Teams:** Spark curiosity-driven dialogue, surface hidden barriers under academic/behavioral concerns, align supports across IEP/504 and classroom practice.
- **Coaching & Counseling-Adjacent:** Support reflective goal-setting, boundary-finding, and self-advocacy for ND adults.
- **Family & Care Partnerships:** Build shared language for routines, communication, and time use at home.
- **General Education & Gifted Programs:** Center assets for twice-exceptional (2e) learners whose strengths and challenges can mask one another.

How the Attribute Cards™ can be used

- **Describe a present-day profile.** Learners select cards that feel true now to surface strengths, stressors, and supports.
- **Identify a desired profile.** Discern the profile elements the learner considers ideal and design strategies to develop aligned strengths
- **Make space for grief with care.** [for adults] Name hoped-for ways of being that may not be available and reframe toward strengths-aligned alternatives.
- **Icebreaker for classrooms or workshops.** Low-stakes prompts that build shared vocabulary and psychological safety.
- **Formative insight for planning.** While not validated for diagnostic use, emerging patterns can suggest areas to explore and help teams align supports more quickly.



[Book a WP Service Consult](#)

[Request THYWD™ Demo](#)

Coming Soon

THYWD™ Digital, a licenseable add-on for Zoom and Google Meet!

Contact

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The Hand You Were Dealt™
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The Attribute Cards™ are reflective tools. They are not a diagnostic instrument; any insights should be paired with professional judgment and, when needed, formal assessment.

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